



Youth

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11139 - 110A Ave

VOL. 19, No. 2

EDMONTON ALBERTA

February, 1963



Archbishop Josyf Slipyi of Lviv, recently released from Siberia, joins His Holiness Pope John XXIII in the Pope's private chapel for a prayer of thanksgiving.

Youth . . . The Golden Age of Opportunity

YOUTH

ORGAN OF THE UKRAINIAN CATHOLIC YOUTH (U.C.Y.)

Edited by Press Committee — Subscriptions: \$1.00 per year; 10c per copy

Address all correspondence and cheques to:

YOUTH MAGAZINE
10967 - 97 Street, Edmonton, Alberta, Canada
Phone GA 4-3071

Authorized as Second Class Mail by the Post Office Department, Ottawa,
and for payment of postage in cash.

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SUBSCRIPTIONS:

	Jan. Issue	Feb. Issue	Press Fund
Saskatoon Diocese	381	400	\$500.00
Winnipeg Diocese	362	377	
Edmonton Diocese	359	303	
Toronto Diocese	1	1	
U.S.A.	3	4	
Australia	2	2	

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YOUTH MAGAZINE

The National Monthly for Ukrainian Catholic Youth

Vol. 19, No. 2

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From The Editor's Chair

How much time does your family spend in reading? There are many families that are overlooking the value of reading and feel that television and other interests can take its place. You are very fortunate if your parents have encouraged and taught you to enjoy reading. People who read are better informed of their country and other events that happen in our everyday world. They can further their education on various subjects and while reading learn how to relax.

The Catholic Church realized the importance of reading proper literature and has set aside the month of February to stress as "Catholic Press Month." She urges all families to subscribe and read Catholic newspapers, magazines and books to promote their knowledge of the Catholic faith and to learn of events happening in the Church.

Our UCY clubs should have libraries with material which could be available for the members to read. Through Catholic books, pamphlets, magazines and papers the clubs would promote and encourage their members to

read more. You could start with a small amount of reading material and increase it as it is needed. Would all clubs who at present have a library write in how they had started their library and what your results have been. This would be of help to other clubs — please write in your suggestions.

In the past our Ukrainian Catholic bishops, priests and UCY leaders had realized the importance of having Catholic reading material available for our Ukrainian Catholic youth in Canada and from this our YOUTH magazine came into existence. Many years later it is still published and distributed to the UCY members in Canada. You are urged to read it since some of the material should be of interest to you.

If at any time you have any articles which you could send in or give us any suggestions — always feel free to do so. They will be very much appreciated.

February is Catholic Press Month — Support your YOUTH magazine.

Read the March Issue!

COMPLETE COVERAGE OF
QUEEN CARNIVAL HELD AT SASKATOON

The Assistant Editor's Chair

Have You Tried Skiing?

By MARY BOHOSLAWEC

I wish some of our readers would contribute articles on sports they enjoy or sports that predominate in their community or within their parish, so that we can start a little column for some of our young people who are sports mindedly inclined. I am sure we would be interested in different sports enjoyed by our readers in different parts of Canada. Talking about sports, I though I would write a few lines on that fascinating sport called skiing, which has hit this continent like a bombshell in the last few years.

Although it is a comparatively new sport in Canada and was enjoyed only by a few enthusiasts until recently, it has gained momentum in recent years, until now it is a sport enjoyed by millions of people, young and old. Although skiing is a new sport on this side of the continent, people in Europe have skied for hundreds of years and it came to us originally from Norway, where people have been skiing for at least 1200 centuries.

Unlike skating, curling and other such sports where a person is confined to one small area, the reason, I think, skiing has gained such wide popularity is that it gives one the freedom of a bird on a wing, going where one pleases over slopes and trails, and covering as large or as small an area as one wishes. Any hilly outdoor (with a tow, of course, if you don't like climbing) is your playground where you can enjoy the sun, the snow and that glorious feeling of being alive. Skiing is an individual sport but it is also a game of skill and a challenge to anyone. Though it does not take long to master the basic techniques, there is always more to learn even after you feel you have learned most of what there is to know, and if you do well, you will know that satisfaction of individual accomplishment.

Skiing has become so popular that I am sure even small communities have some skiing facilities, where young people can receive instructions in mastering this wintery art. Those of us who live near the Rockies or the Laurentian mountains have the added pleasure of exchanging our usual surroundings of offices and class rooms for a mountainous surrounding of charm and beauty. There you are entirely in a world of your own amidst the mountain peaks and freshly smelling pine trees — there you set your won pace and pick your own trail and for that day or two you are the lord of all you survey. For exercise and plenty of fresh air, for the beauty of surrounding scenery and the adventure of meeting people, I think skiing leads them all!

— Mary Bohoslawec

Archbishop Once Thought Dead Sole Rite Survivor In Ukraine

VATICAN CITY (NC) — Archbishop Josyf Slipyi of Lviv, sole survivor of the Byzantine Rite Catholic Bishops of the Ukraine, received a hero's welcome from His Holiness Pope John XXIII when he reached here after 18 years of imprisonment and house arrest in the Soviet Union.

Pope John greeted his release as "a stirring consolation for which we humbly thank the Lord."

The release of the 71-year-old Primate of the Ukraine was announced in Moscow on Saturday, February 9. The Pope confirmed the news on Sunday morning as he was blessing the cornerstone of the new Lombard seminary in Rome. That same afternoon Archbishop Slipyi was in the Pope's private chapel praying at the side of the Supreme Pontiff to whose office he had remained steadfastly loyal through 18 years of suffering.

Archbishop Slipyi's meeting with the Pope took place just one week short of his 71st birthday. A year earlier, the Ukrainian Catholic Bishops of the free world had called on their people to observe a special day of prayer for Archbishop Slipyi on his 70th birthday. (The observance took place on February 18, 1962, the day after his birthday, as it was a Sunday).

The 14 bishops of four continents issued a joint pastoral letter recalling that Archbishop Slipyi had been arrested by the Soviet regime on April 11, 1945, "together with all the other bishops of the Province of Halych." The arrest followed the Soviet annexation of the western Ukraine, including Archbishop Slipyi's See city of Lviv, which had been part of Poland since World War I.

"We do not know in detail what trials and terrors Metro-



politan Slipyi has had to endure," the Ukrainian Bishops of the free world said. "For many years nothing was heard of or from him.

"About 10 years ago there was

a rumor — most likely released by the Soviet regime itself — that he had died. But later this was learned to be false; and information came that he was alive, had been sent to hard labor, yet maintained a spirit of fortitude and even uplifted those suffering with him."

The pastoral stated that after Archbishop Slipyi had served his eight-year-term, he was "tried again, in Moscow, then later in Kiev, where he was tried and sentenced anew for so-called crimes against the Muscovite government.

"The government demanded that he make a public break from the Holy See of Rome and transfer his allegiance to Soviet Orthodoxy. In fact he was diabolically tempted . . . with various high positions, on condition that he merely reject his Catholic Church.

"But neither tortures, a triple sentence, nor imprisonment have forced him to deny his Faith — an act which would very much please the Soviet regime."

The Ukrainian Bishops in calling for an "ardent prayer crusade" on Archbishop Slipyi's 70th birthday, declared:

"Let us bring to the attention of other nations the injustice which is perpetrated in our native land and let us ask their participation in our prayer crusade for God-given rights for our Church and our nation."

Archbishop Slipyi, a bishop since 1939, succeeded as Metropolitan of Lviv in November, 1944, on the death of Archbishop Andrei Szeptycky. The Soviet regime was at that time currying the favor of the Ukrainians, and the Lviv Byzantine Rite

See had a total of 1.3 million Catholics. Soviet Premier Nikita Khrushchev, then secretary of the Communist party in the Ukraine, even attended Archbishop Szeptycky's funeral. But by the early spring of 1945, the retreating German armies made it opportune for the Soviet Union to renew the ancient Russian persecution of the Byzantine Rite Catholics of the Ukraine.

On April 11, 1945, following an initial press campaign, the Soviet regime arrested Archbishop Slipyi and Auxiliary Bishop Nicetas Budka of Lviv, Bishop Gregory Khomyshyn and Auxiliary Bishop Ivan Latyshevsky of Stanislaviv, and Bishop Nicholas Charnetsky, Apostolic Visitor for Ukrainians of the Byzantine Rite in Poland. All were given sentences ranging from 5 to 10 years. All except Archbishop Slipyi are now dead.

In June of 1946, the Polish communist regime, acting at the request of Soviet police, arrested Bishop Josephat Kotsylovsky of Przemyśl and Auxiliary Bishop Gregory Latoka of Urzemyśl. They and a number of Ukrainian priests were handed over to Soviet authorities and jailed. Both bishops reportedly died in Soviet prisons.

The arrest of the Bishops in Poland came three months after the Russian regime had engineered the forcible "reunion" of Ukrainian Catholics of the Byzantine Rite with the Russian Orthodox church. The "reunion", together with an "abjuration of Latin errors", was celebrated solemnly at a service in the old Catholic Cathedral of St. George in Lviv, at which the Orthodox Metropolitan of Kiev presided.

what does happiness mean to you?

Everyone is looking for happiness and many feel that different things constitute their full happiness. Many factors govern the idea of what will make people happy. By watching television one can come to the conclusion that by using the right soap, hair spray or tooth paste it will ensure you a beautiful complexion, glossy hair and sweet breath which shall make you a happy person. The papers will convey to you that the way of reaching happiness depends on the amount of insurance, bonds, stocks and investments which you have. It is stressed that if you are financially secure you shall be happy. Many magazines stress the importance of good health (regular physical examinations), using the most modern medicines, keeping your weight down to the average, and eating food with the right amount of vitamins as a way to happiness. According to some people you must do plenty of travelling, associate with the right people, enjoy sex, liquor and smoking in order to be happy. One should not work very hard or long but have plenty of money in your pockets.

Does this really provide with true happiness? Many people are financially secure, have good health and are famously known, but are unhappy. We find that though these things may provide some happiness much more is necessary in order to ensure true happiness for the individual.

What is the necessary element for achieving true happiness? Let us study the lives of the saints which were completely happy and in peace with themselves. They became happy through the resignation and conform-

ity to the will of God. Like the saints all of us can achieve true happiness by realizing that God made this world and we must abide here according to His will. Things happen in our lives which are hard to understand at first but as we live on we can see the good of them. Of what good could a war bring? Some of our greatest scientific, medical and political benefits have come as by-products of the war but it takes years in order for us to see these benefits. Perhaps some of us have experienced some personal grief over something. A young wife or husband may not understand why they lost their child through still-birth or death in infancy. May be if the child had been born he would have been deformed physically or lived an evil life which would have led to the loss of his soul.

God knows what is best for us and if we can remember this we will find that we can live each day in the wisdom and providence of God. All it means is placing our will in the hands of God, letting Him use us as He wills and co-operating with His laws, His lights and His graces. It keeps our mind at ease, our hearts quiet and peaceful; it begets satisfaction with our state in life and gives us a cozy feeling of security; it helps us regulate our desires and appetites and strengthens us to bear our sufferings and failures bravely. Try to live according to the will of God and you shall obtain the secret of true happiness.

There have been a lot of endurance contests, but none to beat that of teenagers on the telephone.

—Saskatoon Star-Phoenix

THE QUESTION BOX

Is there any Scripture warrant for fasting ?

Yes. When the Pharisees complained to Christ that His disciples did not fast, He replied that they did not whilst He was with them, but that they would when He had gone from them. Mk. 11, 18. Now the Catholic Church, ordered by Christ to teach all nations whatsoever Christ had said to her, tells us that at certain times we must fast in expiration of our sins. St. Paul wrote to the Corinthians, "Let us exhibit ourselves as servants of God, in patience, in fasting." A Christian spirit of reparation says, "I indulged my senses at the expense of God's law; I will therefore now mortify the same at the expense of my own comfort." The Catholic Church appoints special days, for if it were left to individuals they would fast very irregularly, or not at all. It is much better to make it definite.

Why do priests vest so elaborately when going to say Mass ?

In Exodus, XXVIII, 2-3, we read of God's prescriptions of the vestments befitting the dignity of His religion. "Thou shalt make a holy vesture for Aaron thy brother; for glory and for beauty. And thou shalt speak to all the wise of heart, who I have filled with the spirit of wisdom: that they may make Aaron's vestments, in which he being consecrated may minister to me. And these shall be the vestments that they shall make." Throughout the rest of the chapter God designs to give the most minute directions as to the various vestments Aaron was to use. Not for a moment would Christ have condemned the principle of vestments after such a sanction by the infinitely wise God. He would be con-

tributing Himself. There can be nothing wrong with vestments in principle.

How do you know that there is a heaven ?

God has revealed the fact. "Be glad and rejoice," said Christ, "for your reward is very great in heaven." Matt. V., 12. That heaven is not in this life, nor is it to be on this earth. "I go to prepare a place for you. I will come again and will take you to myself, that where I am you also may be." Jn. XIV, 3. The conditions of heaven will differ from any we know in this life. "For when they shall rise from the dead they shall neither marry nor be married, but are as the angels in heaven." Mk. XII, 25. "They died . . . confessing that they are pilgrims and strangers on the earth. They that say such things do signify that they seek in country . . . they desire a better, that is to say, a heavenly country." Heb. XI., 13-16. And St. John tells us that, "God shall wipe away all tears from their eyes: and death shall be no more, nor mourning, nor crying, nor sorrow shall be any more, for the former things are passed away." Rev. XXI., 4.

What is wrong with confessing our sins directly to God in prayer ?

Since it is God who has been offended, God has the right to lay down the conditions of forgiveness. You cannot insist that God must forgive you on your own conditions. And Christ certainly did not give His Priests power to forgive sin knowing that no one would have to seek forgiveness from Priests at all.

— From Radio Replies by
Fathers Fumble and Carty

what are your plans for a career? — — —

Even if you are only in high school you should now formulate your ideas and make plans towards the career you will undertake. It is advantageous for you to make your decision while in high school since this will enable you to take and specialize in the subjects which will be of more use to you in your occupation. Your decision will also serve as a goal to strive for, stimulate your interest and provide you with a purpose in your school work.

Prior to your decision of an occupation it would be well for you to make a study of yourself — your abilities, interests, aptitudes, and personality. A wiser choice of a career can be reached if you know whether you would prefer working indoors or outdoors, with people or things, for yourself or for someone else; work which provides travelling or keeps you at home; work that requires little or a lot of training; work which involves preparing plans or carrying out those made by others; and work that consists of delegating jobs to others or doing them yourself.

Have you any special skills or abilities which you can perform better than others? The field which you are more interested in should provide you with an important clue in the choice of your career.

Though some schools have a school counselor for the assistance of the students, your teacher, high school principal, and parents know you and therefore, can be of the utmost assistance and guidance.

Study the various fields which are of special interest to you by making inquiries and reading about them. Try to get some part time work on Saturdays or during the summer holidays

in connection with your chosen career. This will not only serve as an added experience but will help you to decide if you would enjoy and be able to do that job. If you discuss this with the employment director of a few companies which you are interested in they will be glad to advise you and will probably tell you to get in touch with them when you have completed your high school or training requirements. high school or training required for the position.

It would be very wise for all students to complete their high school with courses which would allow them to enter university. Though the field you are interested in at present does not require university training you may find that in five to ten years you may wish to take some course in university but if you are lacking a complete high school course you will be handicapped.

Do not wander into a career by chance but make sure you know why you have chosen it since only then will you be able to produce to the best of your abilities and face each coming day with eagerness and anticipation towards your "job."

"I've never heard a patient scream and cry so much as you did," said the Dentist, "I simply cannot understand why: as I know the anaesthetic was perfect. What went wrong, I am at a loss to know."

"Nothing went wrong," sobbed his victim, "except that you were standing on my corn."

Sudden Thought: With all those great medics on TV, how come Chester still limps?

Parliament Hill – Ottawa

by Michael Shykula

Ottawa UCY Press Correspondent

Ottawa, capital city of Canada, is located at the junction of three rivers, the Ottawa, the Rideau, and the Gatineau.

It is a beautiful location, but Ottawa's claim to fame, the Parliament Buildings, are especially noteworthy. For here, like some great, medieval stone castle, the Gothic buildings squat on a promontory overlooking the Ottawa river, while in the centre the soaring Peace Tower surveys Ottawa from a height of 291 feet. A clock in the Peace Tower, 15 feet, nine inches in diameter, booms out the hour.

A Carillon of 53 bells high in the Peace Tower is an outstanding feature. Reputed to be one of the finest Carillons in the world, the bells weigh from 12 pounds to a massive 22,400 pounds, and, taken all together, tip the scales at over 60 tons.

The Carillon is a musical instrument and in the summer thousands gather on the grassy slopes of the Hill to enjoy this fine music.

Here is the Senate and the House of Commons — the legislative bodies of the Government of Canada. Legislation is enacted only after passing the Senate and the House of Commons, and must also receive Royal Assent from the Governor-General.

What more is there on Parliament Hill? There is much to be seen. Confederation Hall, the entrance to the Parliament buildings, is ornate with soaring pillars and arches, and beautiful. There are public galleries in both

the Senate and the House of Commons where visitors to Ottawa can listen to the oratory of our more outspoken politicians.

ful stone carvings. The Hall of Honor, leading from Confederation Hall to the pure Gothic structure of the Parliamentary Library, recreates Canadian history.

The Library was saved from the fire that destroyed the original Parliament buildings in 1916. Thus the library dates back to 1866, the year the original buildings were completed, while the other buildings were rebuilt in 1921.

There are many monuments on Parliament Hill to commemorate Canada's past great men such as John A. Macdonald and Sir Wilfred Laurier. Here in the shade of the solid stone buildings, surrounded by the impassive faces of past politicians, one feels a closeness with Canada's past and a faith in her future.

Parliament Hill — what is it? It is Canada's brains, her nerve centre. And it is something more. It is her heart.

While in Ottawa, a woman was introduced to a senior employee with the department of Internal Revenue. She complained about high taxes, so the man said. "Madam, when you think of this wonderful country in which we live, you should pay your taxes with a smile."

Answered the woman: "I tried that but they insisted on cash."

Is Religion Needed by Young People?

Religion is very essential in formulating the ideas and personalities of young people into mature individuals. Though this is true there are many young people who drop their religion. They have been baptized as a Catholic but as teen-agers will become indifferent to religion. Why is this so?

Some feel they are very tough and hard and associate religion as something consisting of softness, emotionalism, and sentimentality. Because of this idea they have very little to do with religion. Another reason for the lack of interest is due to their good health, and enjoyment of the pleasures of this world. They think of religion as being connected with their soul and the life after death, but since they are young they feel that it is not necessary to have anything to do with religion as yet.

There are many other interests and distractions which leave very little time for some of the young people to spend on religion. Their energy is consumed with sports, parties, home work, jobs after school, television, etc. Another reason given is that religion forbids them to do things they want and enjoy doing while it wants them to do things which they find difficult to do. With this idea in mind the young people who enjoy kissing, petting and necking will gradually taper off in their practice of religion. They may enjoy reading and looking at obscene books and pictures. Religion tells them not to go steady as teen-agers and to be obedient to their parents and others with lawful authority. If they want to continue enjoying these pleasures they then make the choice of dismissal

in their religion.

Some do not give up the practice of religion entirely but have as little to do with it as possible. They feel it is alright to be late for mass, sit right by the door to slip away before the service is over and receive Holy Communion the odd time of the year.

The above picture is not true of all our young people since there are many who are trying to grow up into good Catholic young men and women realizing the importance of religion in this period of their life. They know that to overcome their passions and other bad habits of this world they need the help of God through attending mass, praying and receiving the sacraments of Penance and Holy Communion frequently. A deep devotion to the Blessed Virgin Mary and other saints is of most help to them at this period.

Our UCY clubs should always aim to fulfill the needs of our Ukrainian Catholic youth by giving them the knowledge of our Catholic faith as well as guiding the youth in social activities which are entertaining to them but at the same time acceptable to our Catholic principles. Youth which is closely connected with a parish has a much better chance of practising their religion and growing into mature individuals of tomorrow. Does your UCY club help you to practise your religion?

It is better to ask some of the questions, than to know all the answers.

— James Thurber

I will study and get ready, and perhaps my chance will come.

— Lincoln

reader's own corner

I would like to suggest that various members could describe their town or city, or some unusual building, or anything, for that matter, that might be of interest to a homogenous group such as we are. Small towns often have an interesting history, and even the origin of the name of a town can make a very readable, interesting account. For example, how did Borschiw Alberta receive its appellation? Perhaps there is an interesting story behind it.

—Michael Shykula,
Press Chairman, Ottawa UCY

Editor's Note: This is a very good suggestion and I would certainly like to encourage other press chairmen to follow up your idea. Thanks Michael for the suggestion.

Some like it cold, some like it hot,
Some freeze while others smother.
And by some fiendish, fatal plot
They marry one another.

Richard Armour in
The Saturday Evening Post

Traffic Cop: Use your noodle, lady,
use your noodle.

Lady: "My goodness! Where is it?
I've pushed and pulled everything in
this car."

You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you.

— Dale Carnegie.

Worry is like a rocking chair. It will give you something to do, but it won't get you anywhere. — Anon.

Morning Mass

Morning Mass is a morning song as well as morning sacrifice and good for the soul. It is a time of detachment, and offers the perfect hour not only for prayer but for orientation.

We are all racing toward eternity, and in that morning hour we can take time out, so to speak, to have a slow, quiet look at our distorted selves and our crazy world — and see both in placidly proper perspective. A great simplification takes place, and lucidly, even radiantly, we see the things that matter. Morning Mass is a matchlessly healthy and practical way of starting the day.

As soon as the news gets about, I expect all the psychiatrists will be prescribing morning Mass for their patients, whatever their belief or lack of it.

Dan England and the Noonday
Devil — 1951
Catholic Digest

In these days of rush and noise, if many more people, young and old, realized the effect of Holy Mass, not only on Sundays but weekdays as well — an hour before going to work, to clear your thoughts and conscience, this would be a healthier world in which to live, spiritually as well as physically.

—Editors.

have you an exam in the near future?

Exams will play an important part in your life since they not only are used in schools but also your employer may use it to test your intelligence. Therefore, it is important that you at present develop habits which are good in studying for exams.

Do not cram. Cramming for tests is somewhat like a person who is going on a long trip and leaves his packing till the last five minutes. What will happen? The suitcase packed will probably have the essential things packed in a disordered manner as well as some left at home which are needed. Useless things which you will not need will be taking up the extra space. The same results will be obtained in cramming for exams. You lose needed ideas, find thoughts you don't need, become irritated and upset — just when your mind should be at top efficiency.

Prepare for your exams. It is known that we learn about something if we study the same material a couple of times. It is a good policy to study each day after the lesson as it is given and to keep it up.

Once a week take about an hour and review the more important ideas of the past work in order to refresh it in your mind and to show the correspondence of your studies during the weeks.

A week before the exam make a special review of your material covered in the course. Set out yourself a budget in writing on what you are going to study and spread this out during the whole week. A study period should not be less than 30 minutes at a time since by then you are just settled down to study. If you study longer than two hours at a time you will not be able to concentrate as well so a break is suggested.

It might be helpful to have a small group study whereby you ask each

other questions. It is suggested that your group consist only about three persons and that all of you stay with the subject and not wander to other subjects.

What To Study. There are some things that will appear on exams and it is well to keep these on separate lists and add them as the lessons are given.

Vocabulary (special terms used in the class) are fair game for test questions. Review your list thoroughly before your exam so you can understand them and put them into your own words.

Learn and review your formulas, laws and rules. A list should be kept separately for these also.

A list of famous people and important dates as well as your ability to understand relationships between certain facts will also be on the exam.

Try to predict some of the questions by observing the material which the teacher stresses when the lesson is presented.

Your physical health and mental attitudes are important. In order to study one needs a fresh body which is healthy, so therefore get enough rest and good food. You should also develop a good attitude toward the exam and also the teacher. The exam is there to help you know how you are progressing in your work and for your own good and therefore it is no use to get angry toward the exam or resentful toward the teacher. This will only upset your efficiency, distract your thinking, and increase your errors. Be self-confident when approaching an exam. If you have used the above suggestions and studied as you went along you will do well. Take time to review your previous test papers to see where you did not do well and then try to steer clear of these

difficulties.

On test day check your equipment. Have all the things you need for the exam but do not have more than you need or your desk will become cluttered.

Be comfortable. Arrive on time but not too soon or you will get the pre-exam fears. Arrange all your things you will need on your desk. Make sure your clothes feel comfortable such as your collar or shoes otherwise they will distract you during the exam.

Survey the exam. Look over the exam to find out where you are going and then plan your exam. Check to see if there is a scoring plan and put most of your time on questions which will give you more marks.

Budget your time on the time allotted and then spend the proper time on each question which you are planning to do. Do the ones which appear easier to you and which you are sure of knowing the answers and then return to the harder ones. As you do your exam you may find an idea or some other questions may deal with related ideas and than you can obtain the answer to your harder question.

Relax short periods during your exam by looking up from the paper and shifting your body to a different position. A few deep breaths and you can resume your tests with being somewhat refreshed.

Proof read your answers. You may have used the wrong word there or omitted one which would make an incorrect answer for you. It is very helpful to budget your time to include some time in looking over your paper.

Test techniques. Read your whole question carefully to really see the words. If you don't, you may overlook some significant details. Such a word as pre- or the date of a year in the question may be the tricky word in the question.

Think carefully about possible answers and do not jump to conclusions too quickly. An answer selected too promptly may be partly right, but it may not be the correct answer.

Make use of shrewd inference by reasoning out answers you are not certain of. Start from what you know and then proceed from that point by clever reasoning.

Don't change many answers since usually your first answer is right. Change it only if you are absolutely sure.

Guard against mechanical errors such as mixing answer symbols or recording the answer in the wrong place (line or column). Misreading directions and careless arithmetic computation will also bring down marks in your exam.

If your test is on the machine-scoring tests be careful to follow the directions given with it by using the electrographic pencil as directed.

Answering essay exams. Take time to think and plan a well organized answer before you start. This is very important for you. Making an outline will enable you to jot down your ideas, sort them out, and relate them properly to each other. Do not spend too much time in doing an outline otherwise you will be short on time for answering your answer. Make your outline entries simple and brief since whole sentences do not have to be used and words can be shortened.

Filling out the outline. Do not pad your answers but put down only the essential facts. You may include facts such as names, dates, places, formulas, definitions or technical terms but be sure these are right.

Use illustrative material by giving examples following your illustration.

You may turn some of your major points into headings since this will be easier reading.

Try to match your information with what followed in class when the subject was presented since this will show your teacher that you were able to grasp the material when it was presented.

Check and see that you are using your English correctly which is written legibly.

At the end look over your essay for any corrections you may be able to give.

It is hoped that some of these ideas will be helpful to you and if you have any other please feel free to write them in for us either in form of an article or in a letter under "Reader's Opinion."

Does studying help in school or university?

Do you want to get somewhere with your studying habits? In making a schedule, plan your study by the job assignment instead of by the hour. Tell yourself, I have to get this history assignment done instead of I'll do it in two hours. If you use the latter method you'll find yourself watching your watch to see how you are doing (which is time being wasted.)

At your study periods in school make certain you make good use of them in order to reduce studying at home. Another time saving method in learning is to have small cards with things printed on them. On one side you can have names of formulas, dates, history or laws and on the other side have them written out. During short periods use these for review. It won't waste your time and you'll remember them better. About twice a month review your flash cards.

During studying learn to relax about every 35 or 45 minutes. Do not prolong your rest periods or you will not feel like returning to studying.

In order to concentrate on studying you should do the following.

1. Study in the same place at home but away from distractions.

will not sink into. You need to be

2. Find a desk and chair in which you kept alert.

3. Have good indirect or semi-direct light for studying.

4. The desk should contain only those items you need for studying. Keep away those distracting items such as clocks, pictures or the phone book.

5. Make a real drive to get down to studying — you'll find you enjoy it.

6. Use accuracy and speed to complete your assignment as rapidly as possible.

7. Do your lessons with an open mind on future exams. Will you need to write out your answer in essays or in point form?

8. Make studying a habit that will become as automatic as walking down the stairs.

9. Don't wait for that "study feeling." You might as well get to it now.

10. If you have regular study habits and on a certain night can't seem to study — take the evening off. This must not become a habit.

11. Soft instrumental music might be of an aid to you when studying but singing and commercials on radio are distracting.

12. Do not watch TV — you'll not get any studying done.
13. If you are worried about something or tense talk it over with someone whether it is your family, teacher or spiritual director. Any-

one who worries will not be very successful in studying.

It is hoped that some of these ideas will be of assistance to you. Use them to get ahead in school so you can become a better student.

Should Teen-agers Have Parties?

This question arises in many families and teen-age groups. There is no reason why teen-agers should not gather together for a party but this party must be conducted in a manner which is appropriate for our Catholic boys and girls to attend. Parties should serve as a medium for young people to relax and get to know each other. While at parties teen-agers not only should strive to have a good time but at the same time observe the others and how they behave. Is that boy too loud or too aggressive? How do the girls act? A good thinking teen-ager will keep these observations in mind. It does not mean that you have to sit in a corner and figure out everybody's actions but you should do this subconsciously while you are having your fun. If you can do this it will aid you to make a better choice of a permanent partner in life. Do not treat marriage as a grab bag which you can reach in and pull out a prize (you hope). If this is all the consideration you will give in choosing your marriage partner you may find that your prize does not amount to very much. Therefore, make good use of these parties for your future decisions.

There are many types of parties which can be had and which will prove entertaining to the ones attending. Plan your parties carefully. As teen-agers your parties should not include liquor. Do you feel that by a few drinks you can enjoy yourself more?

Where is your youth that you need liquor to give you more "stimulation" at a party? Actually liquor is a depressant agent which eventually makes people lose control of their actions and in conclusion produces sleep. Why be a teen-ager who passes out at a party, or later even drives a car, loses control of it and is responsible for his own life as well as that of another. The sight of anyone drunk is never pleasant nor does one retain the respect of that individual. As Catholic boys and girls, why not stick to your principles and give yourself an opportunity to grow up into mature individuals.

It is felt by some that to make a party successful, games which include kissing and necking are needed. As Catholics, you know this is morally wrong. Granted, these games may be treated as a joke but at the same time they are an occasion of sin for others.

If the party is at your home make definite plans to the type of entertainment which is conducive to good clean fun. Retain your respect as well as that of your friends.

To avoid these problems all teen-age parties should be chaperoned with an adult who is aware of his or her responsibilities. This individual need not be in the midst of the party but close enough at hand to see to it that at no time do things get out of hand.

It is hoped that some of these suggestions will help you when planning

your parties. Have you some suggestions on how to have good clean parties and still full of fun ? Send these

suggestions along to this magazine and we will be happy to publish them in the future issues.

OPINIONS ACROSS CANADA

This month we have the opinions from Our Lady of Perpetual Help, Sr., Toronto, Ont., Hafford, Sask., St. Basil's, Regina, Sask.; and Borschiw, Alta. I would like to thank these clubs for sending in their replies and opinions. As yet I have not received

any replies from the Winnipeg Diocese but am hoping that by the next issue they will also be represented.

Any club which would like to send in their opinions on any of these questions is welcomed to do so.

1. Do you feel your business meetings are too long ?

	YES	NO	UNDECIDED
Our Lady of Perpetual Help, Sr. ----	—	X	—
Hafford -----	—	41	—
St. Basil's -----	—	—	X
Borschiw -----	—	19	—

2. Would you profit by receiving pre-marriage courses in your parish when

you are contemplating marriage ?

	YES	NO	UNDECIDED
Our Lady of Perpetual Help, Sr. ----	X	—	—
Hafford -----	41	—	—
St. Basil's -----	—	—	X
Borschiw -----	19	—	—

Club's view from Borschiw: — We feel it would be difficult to organize in a country parish.

3. Does owning a car while in high school hinder the student's education?

	YES	NO	UNDECIDED
Our Lady of Perpetual Help, Sr. ----	X	—	—
Hafford -----	12	9	20
St. Basil's -----	X	—	—
Borschiw -----	17	2	—

4. Do you feel that the National and Diocesan Executives are providing

you with the leadership and guidance your club needs ?

	YES	NO	UNDECIDED
Our Lady of Perpetual Help, Sr. ----	—	—	X
Hafford -----	41	—	—
St. Basil's -----	—	X	—
Borschiw -----	—	19	—

Club's view from St. Basil's, Regina:

The general opinion of our club members was that we should get more leadership and guidance from our National and Diocesan executives, particularly from the National executive.

As a matter of fact, most of our members have a very vague idea about the National Executive and what its purpose is. We can see the name of the president on our membership cards, and we read about the duties and obligations of the National Executive in the constitution. But what we are interested in is what this executive is doing at the present time.

The following are some suggestions of what we would like to see the Na-

tional and Diocesan executives do:

Send out an occasional periodical (aside from the YOUTH magazine) telling what they are doing for the U.C.Y. now and what some of the future plans are.

Plan a project of some kind, perhaps once a year, for all the U.C.Y. clubs from coast to coast to work on, and publicize it well. This would give every U.C.Y. member the feeling that he really does belong to a nation-wide organization. This would also form a stronger bond of unity in the U.C.Y. from coast to coast.

Club's view from Borschiw, Alta.

We feel we have been lacking in guidance for the last year or two.

5. Are you receiving enough religious instruction in your club ?

	YES	NO	UNDECIDED
Our Lady of Perpetual Help, Sr. ----	—	X	—
Hafford -----	41	—	—
St. Basil's -----	—	X	—
Borschiw -----	19	—	—

Club's view from Our Lady of Perpetual Help, Toronto, Ont. — The popular consensus is that we are not receiving enough religious instruction, if any,

in our club. We feel justified in stating that there has been some negligence in reference to the religious instruction our club members should receive.

6. Do you feel you benefit by receiving the YOUTH magazine ?

	YES	NO	UNDECIDED
Our Lady of Perpetual Help, Sr. ----	X	—	—
Hafford -----	6	9	26
St. Basil's -----	X	—	—
Borschiw -----	10	9	—

Club's view from Our Lady of Perpetual Help: — Besides asking questions about the U.C.Y. and directing them almost completely to the teen-age member, we would like to have a few more directed to the Senior Clubs. They deserve some attention also.

Club's view from Borschiw:

1. Printing of reports delays (reports

7. Have you attended any retreats within the past year?

Our Lady of Perpetual Help, Sr. ----	—	X	—
Hafford -----	41	—	—
St. Basil's -----	X	—	—
Borschiw -----	—	19	—

Editor's Note:

1. These clubs appear to be very satisfied with the length of their meetings. If they are planned well there is more time to devote to other things.

2. It appears that most of the members feel there is a need for pre-marriage courses in their parish. With the break down of so many marriages I feel that this should be seriously considered in every parish. If they were conducted during advent and lent with about ten or eleven lectures they would be of most help to the ones approaching marriage. By giving instructions as a group the time of the priest could be saved instead of giving individual instruction. Could not an hour of instruction be given before the meeting in a country parish? Perhaps the young couples could drive to town once a week for them if it would be more convenient for the priest.

3. Special studies have been conducted which have revealed that owning a car does handicap students. Usually cars need repairing and they spend more time driving around which takes them away from their studies. I am glad that the readers have realized the importance of their studies. It is felt that for special occasions the family car could be used but done so with the proper respect regarding to speed, etc.

of local clubs)

2. More questions and answers
3. Not enough reports on activities and plans of local clubs.
4. Advertising coming events of local clubs — this would require on time publishing.
5. Add a touch of humour.

4. It has been suggested on various times to both of the executive that all presidents should contribute if not every month at least often with an article from them. It had been hoped that every issue would carry a message from the National president since it is a NATIONAL MAGAZINE, perhaps with your suggestions this will come into being. Your suggestions were very good.

5. Some of the clubs are not receiving enough religious instructions which I feel should be remedied in the near future. Perhaps the spiritual director could meet with the executive and make plans to include topics which would interest the members regarding learning more about their religion.

6. There are quite a few members who are not receiving any value from this magazine and I feel that this should encourage us all to put in a little more to improve it.

I would like to ask the senior clubs to contribute more articles. You are our future leaders of diocesan and national executives.

All press chairmen should make a special effort to send in material and activities of their clubs — many have not been heard from this year.

You may send any advertising you wish but do so to give me plenty of time. I realize that the delay of pub-

lishing this magazine is not helping the members or encouraging them but it appears that there is a constant hold up at the printers which I hope they will be able to clear up some time.

7. Retreats are very helpful both for adults and young people and should be encouraged to be held at least once a year in a parish or plans made for members to attend closed retreats.

Here are some opinions from Our Lady of Perpetual Help, Sr. U.C.Y., Toronto, Ont.

1. Do you feel you profit by belonging to a U.C.Y. club?

YES.

2. Do you go to the U.C.Y. club because you can learn something about your religion?

UNDECIDED.

3. Did you keep up on the events taking place in Rome during the Ecumenical Council through paper, radio and TV.

YES.

4. Do you feel the "twist" should be done during U.C.Y. dances?

YES. 100 PERCENT

We feel that the question "Do you feel that the "Twist" should be done during U.C.Y. dances, shouldn't have been asked. We all enjoy doing the occasional twist. The only harm the twist can do to us is perhaps aching muscles after effects. If the moral pros and cons of the twist is intended you should have also asked the same of the jive, the tango, and perhaps, the Ukrainian Kolomeyka.

5. Do you feel teenagers in high school should go steady?

NO.

6. Is there a special devotion to the Blessed Virgin Mary in your club?

NO.

7. Should the meeting start on time even if most of the members are not present?

YES.

U.C.Y. CALENDAR St. George's, Saskatoon

March:

3rd — Bowling as usual. Sports nite. Hockey Game. Part one of Lenten Spir.

10th — Bowling as usual

17th — Bowling as usual. Card Nite. Games of Chance. Part two of Lenten Spir.

17th - 24th — PARISH RETREAT — 7:30 to 8:30 p.m. each evening. Father Schudlo, retreat master.

22nd — UCY Retreat — 8:30 p.m.

23rd — UCY Retreat — 4:30 p.m.

24th — Communion breakfast. Father Schudlo, guest speaker. Bowling as usual.

31st — BOWLING PLAYOFFS. Be on TIME or your team may be disqualified if you're late!

April:

7th — Special Activities Nite. Father Mahoney, guest speaker. Panel games and special surprise event.

12th — GOOD FRIDAY

14th — EASTER SUNDAY

15th — EASTER MONDAY

16th — EASTER TUESDAY

21st — Social Nite. Records and Orchestra. Gifts to club members getting married this year. Spir-Ed. program.